**Sensory Backpack contents**

Thank you for borrowing one of our sensory bags, we hope you enjoy using it to explore the museum!

This bag contains:

* A set of ear defenders
* A pair of sunglasses
* A torch
* A sunflower lanyard – you can wear this to make our staff aware that you may need a little extra support during your visit.
* A book
* A rainbow spring (slinky)
* A pair of binoculars
* A fidget toy
* A soft cuddly toy
* Top Trumps card set
* A pack of reading rulers
* A sand timer
* A zip case with paper towels (so you don’t need to use the hand-dryers)

**Please return this bag to the Museum Shop before you leave the museum so other people can enjoy using it in the future.**

If you have any feedback on your experience using this resource or any recommendations for contents email r.aitken@nms.ac.uk